

Suggested Packing List

What to Pack

- Bed linens – sheets (single/twin size), blankets or sleeping bag, pillow cases
- Pillow
- Bath Towels
- Toiletries – shampoo, deodorant, toothbrush, toothpaste, personal care products
- Hair dryer
- Clothing
 - Casual, comfortable clothing – shirts, shorts, jeans/long pants, etc.
 - Nice dress attire for Sunday
 - Ladies – skirts, dresses or dress pants
 - Men – dress pants and shirt
 - Jacket, sweatshirt or other long sleeve shirts
- Sturdy walking shoes (must have close-toed shoes for Saturday Service Projects)
- Umbrella and/or rain coat
- Alarm clock
- Small fan (recommended if you prefer cooler sleeping environment, but all dorms are air conditioned)
- Small amount of spending money \$35-50 (optional – for HOBY merchandise and other items available during the weekend)
- Camera
- Water bottle
- Prescription Medication – ***see notes below***
- OTC medication as needed
- Directions to Antioch College
- Any completed pre-seminar forms or room key deposit checks that were not previously returned to us by mail (applies only to late registrants)

Prescription Medication: If applicable, be sure to bring any prescription medication. Please bring only as much medication as will reasonably be needed during the HOBY event (4 days). Medication must be in its **original** container as labeled by the pharmacy. A Medication Verification Form for Physicians must be on file for all prescription medications. Please refer to the *Policy for Use of Medication During a HOBY Event* included in the pre-seminar materials for more information.

Check-In: Check-in will start at **7:45 am** on **June 27, 2019** and last until **9:15 am**. Please make every effort to arrive during that time frame. Please do not arrive expecting to check-in prior to 7:45 am. Check-in and room assignments will be handled under the large, white tent in the center of Antioch's campus.